TRUCKING NATION NEWS



www.truckingserviceslogistic.com

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DOT DRUG & ALCOHOL PROGRAM: MYTHS AND REALITIES

The DOT Drug and Alcohol Program (CFR 49-382) is a federal law, not a choice. It ensures all CDL drivers operate safely and free from substances that could impair their performance.

Yet, many myths still circulate in the trucking industry — and believing them can risk your license and business.

Myth 1: "I'm an owner-operator, so I don't need the program."

Reality: X False. If your truck exceeds 26,000 lbs or you hold a CDL, you must be enrolled — even if you're the only driver.

Myth 2: "I only drive within my state."

Reality: X False. The law applies to both interstate and intrastate operations.

Myth 3: "My DOT medical exam covers it."

Reality: X False. The DOT physical does not replace drug and alcohol testing requirements.

Myth 4: "I took a drug test elsewhere; that's enough."

Reality: ★ False. DOT tests must be done at HHS-certified labs, using the official CCF form and verified by an MRO.

Compliance keeps your authority, your CDL, and our highways safe.

Contact us — we'll help you get your in compliance!

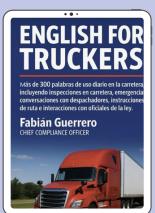
And must be under your company name.

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QUICK ENGLISH GUIDE FOR TRUCKERS

Learn the basics to communicate on the road with confidence and fluency



This book was created for commercial drivers traveling the roads of the United States, aiming to help them develop the English skills needed to succeed as professional drivers.

Includes: vocabulary lists with relevant transportation terms, practical usage examples, grammar tips, and English dialogues with spanish translations.



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GET READY FOR YOUR DOT AUDIT

Starting a trucking company means completing the New Entrant Safety Audit (NESA) — a required FMCSA review to confirm your company follows federal safety regulations. Failing this audit can lead to revocation of your operating authority.

One of the most critical parts is the Drug & Alcohol Program, mandatory for CDL drivers. You must have a written policy, consortium enrollment certificate, preemployment drug test results, and proof of Clearinghouse queries (pre-employment and annual). Both the company and drivers must be registered in the Clearinghouse.

DOT Audit Checklist:

- ✓ Active insurance (MCS-90 form)
- Accident register
- ✓ Driver file: DOT application, 3-year history, MVR, CDL, and medical card
- ✓ Drug & Alcohol Program: test results, certificates, and company policy
- Clearinghouse: completed queries
- ✓ HOS: 30-day logs and fuel/toll receipts
- ✓ Maintenance: annual inspection and CMV list

Don't wait for the auditor to show up — daily compliance protects your company from fines and suspension.

At Trucking Services and Logistic, we help you stay compliant! Contact us today!

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GUIDE TO STARTING YOUR TRANSPORTATION COMPANY IN THE U.S.



Start your own business, even without prior experience.

Learn how to create your company, register it correctly, comply with regulations, and establish your brand in the transportation industry.





TESTED POSITIVE ON A DOT DRUG TEST? HERE'S HOW TO RETURN TO DUTY

If you tested positive on a DOT drug test, don't panic — there's a process to help you regain your driving privileges legally. At Trucking Services and Logistic, we guide drivers step by step through the DOT Return-to-Duty (RTD) process, ensuring compliance and full reinstatement in the Clearinghouse.

1. Create Your Clearinghouse Account:

We help you register your account so you can access your test history and start resolving your prohibited status.

2. Contact a Qualified SAP:

We connect you with DOT-certified Substance Abuse Professionals (SAPs) who evaluate your case and recommend a treatment plan.

3. Complete the Required Evaluation & Treatment:

Follow your SAP's recommendations before scheduling your RTD test.

4. Take the Return-to-Duty Test:

We coordinate your test with a certified DOT laboratory and ensure your results are properly reported.

5. Follow-Up Testing Plan:

We assist you in meeting all follow-up testing requirements set by the SAP to close your violation in the Clearinghouse.

With the right support, you can return to work safely and legally. We're here to help you get back on the road.

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